



INDOOR TRAINING OPPORTUNITIES FOR TEAMS

BILL WARREN TRAINING CENTRE (BWTC)

BWTC is located in the Canmore Nordic Centre, and their fitness facility includes 75 pieces of strength training and cardiovascular machines and equipment, spin bikes, and TRX suspension training. World Cup athletes have free admission but need to fill out a waiver form before accessing the gym.

Hours of operation: Mon – Sat 0700-2000. Sunday: closed.

<https://www.winsport.ca/explore-winsport/bill-warren-training-centre/>

Coast Hotel & Chateau Canmore

Teams staying at the Coast hotel or at Chateau Canmore can use the fitness centre located inside the hotel. They both provide an array of basic equipment.

<https://www.coasthotels.com/coast-canmore-hotel-and-conference-centre/services/amenities>

Elevation Place

The OC has purchased a limited number of day-passes for athletes interested in using the public facilities at Elevation Place (#100 700 Railway Ave). The day passes must be picked up at the accreditation office. Everyone must fill out a waiver form before accessing the facilities.

<https://canmore.ca/recreation-facility/elevation-place>